Read the following article:

http://www.gotquestions.org/divine-providence.html

And discuss all the places you see the providence of God in the book of Ruth.

Going forward lets take time to learn about the providence of God- but before you get really into it take a quick read of this article to address the straw man of fatalism.

http://www.biblicaljiujitsu.com/answering-fat/

Then, read the following article and discuss its implications to your own life:

http://www.monergism.com/thethreshold/sdg/providencegod.html

How does this teaching help you to have more joy?

What does this teach you about God?

What does this teach you about Man?

What does this teach you about your life? Your problems and worries?

What does this teach you about God's love for you?

What will you do differently because of this?

How should this encourage our prayer life? Our evangelism? Here is a great article on this to discuss if time permits:

http://www.desiringgod.org/articles/the-sovereignty-of-god-and-prayer